



Elizabeth (Liz) Hart | Intimacy Coordinator

With over 25 years as a Hair and Makeup Designer for major productions including Marvel, Disney, Netflix, and the BBC, Liz understands the fast-paced, high-pressure demands of film sets. This insight inspired her to train as an Integrative Psychotherapist, drawing on Systemic, Psychodynamic, Person-Centred, and CBT approaches, alongside training in Tantra, somatic awareness, and human sexuality.

Combining her therapeutic expertise with extensive on-set experience, Liz works confidently as an Intimacy Coordinator, creating trauma-informed, consent-led environments that prioritise psychological safety and open communication for both cast and crew.

Testimonials: "Liz possesses the core qualities of a great intimacy coordinator: empathy, discretion, communication skills, and an intuitive understanding of power dynamics on set. Her ability to hold space for vulnerability, while ensuring artistic integrity and logistical efficiency, was deeply appreciated by both cast and crew." Connor O'Hara - Director & Executive Producer, 'Kindling' "Working with Elizabeth was my first experience of having an intimacy coordinator, and it truly transformed the process. Her calm, open, and professional approach created a safe environment for both actors and crew. Her background as a psychologist brought a rare depth to her work, offering insight into the emotional dynamics of intimate scenes. I left the experience feeling supported, enlightened, and genuinely grateful." Michael Jibson - Lead Actor, 'Ithaca'

Photos



Credits

ITHACA

Intimacy Coordinator

Director: Simon Blake

Producer: Colette Delaney-Smith

Starring: Mike Jibson & Jeanie Hackman

KINDLING

Wellbeing/Intimacy Coordinator

Director: Connor O'Hara

Starring: Mia McKenna Bruce, George Somner & Geoff Bell

Other Credits

TRAINING

EDUCATIONAL BODY

MSC in Contemporary
Psychosexual Therapy
(Currently studying)

Doncaster University

Level 5 Relationship
Counselling Diploma

Relate / CPCAB

Queer Relationships &
Queer Therapy

COSRT

Exploration of Sexuality

COSRT

One of Sessions

RELATE

Porn Addiction and
Compulsive Sexual
Behaviour Disorder

COSRT

Consent Course

University of Suffolk

The Science of Sexual
Fantasy

COSRT

Mental Health First Aider

St John Ambulance

The Impact of ADHD on
Relationships & Sex

COSRT

Solutions for Female
Orgasm Problems

COSRT

Chemsex

COSRT

Young Person Counselling

Relate / CPCAB

Depression Counsellor

Diploma / City & Guilds

Level 2 Counselling

CPCAB

Foundation to Counselling	CPCAB
BA (Hons) in Technical Effects	London College of Fashion
Certificate in Trauma Informed & Aware Practice	The Psychology Studio
Child Psychology	Diploma / City & Guilds
Cognitive Behavioural Therapy	Diploma / City & Guilds
Art Therapy	CPD Certificate
Relationship Psychology	Diploma / City & Guilds
Self-harm and Self- sabotage	KRD Training